

## Armstrong Retirement Homes

Armstrong Retirement Homes - Continuing care retirement communities are specialized facilities in which individuals are able to stay for the rest of their lives, even when the level of care they need changes. One more common name for these types of communities is life care communities. A lot of continuing care communities are run by groups, at times religious organizations. Numerous members of the community may be from the same religious organization, but usually there are people of various faiths in one facility.

Various levels of requirements are usually catered at several areas in the facility. This allows individuals to live in the same community and keep the same group of neighbors, friends and acquaintances, rather than being separated from their existing life due to a change in medical status. This varies greatly from nearly all specialized retirement facilities, that normally provide one specific level of care like assisted living or skilled nursing. Lots of facilities are set up like school campuses where there are a lot of different kinds of housing available. The levels of care available vary from independent living, or very little care, to respite care facilities, where a high level of care is usually needed, either for a long or a short term. An individual can start their stay at a continuing care retirement community independently residing in a townhouse, apartment or house. As they age their medical condition might change, requiring them to transfer to a different section of the facility, rather than to a different community altogether. For instance, it could become difficult for an individual to keep up with daily tasks like for example cleaning and cooking, due to a chronic condition such as arthritis. In this case, a person would have assisted living care available to them. If they have surgery which requires 24 hour care or become really sick, they might be moved to a skilled nursing facility or a respite nursing facility on the campus.

To enter a continuing care retirement community, a contract is signed with the facility that agrees to offer care for the duration of a person's life. Normally, an entry fee is necessary, which is usually used as a down payment for housing. After that, residents are required to pay a monthly fee depending on the level of care that they require. This fee would likely change as the level of requirement changes. This is not always suitable for elderly residents who do not have a retirement income source or family members that could help pay for care, specially the entry fee. Because seniors only pay for the services utilized, if they continue to be healthy and active, they will not be charged for assisted living or skilled nursing care.

When choosing a facility is suitable, an overnight visit should be arranged before a senior decides to sign a contract. One must always research the accreditation of a facility which they are considering. Many nations will have an accreditation agency which oversees retirement homes and how they operate.